

# Health and Safety at Work

## Personal Protective Equipment (PPE)

Employers are responsible for providing PPE to protect against health and safety risks at work. It should be:

- A last resort, after controls are put in place
- Fit for purpose and for the individual user
- Provided with adequate training
- Regularly monitored and maintained



## Control of Substances Hazardous to Health – COSHH

Employers must control substances that are hazardous to health. Exposure should be reduced by:

- Identify potential substances in use
- How do they cause harm and what can be done to prevent it?
- Put controls in place to reduce the risk
- Provide training for employees

Control is adequate when the risk of harm is 'as low as is reasonably practicable'

## First Aid at Work Regulations

Employers are required to provide adequate and appropriate equipment, facilities and personnel to deal with emergencies at work. Employers should:

- Assess the requirements of the workplace
- Provide training for identified personnel
- Make employees aware of first aid arrangements
- Report accidents and incidents under RIDDOR



## Safety Signs

Different type of signs display a variety of information:

Yellow Triangular signs, Black text – WARNING  
Green rectangular signs, White text – SAFE CONDITIONS  
Red Circular sign, Red band – PROHIBITED  
Blue Circular, White text – MANDATORY  
Red Circular or Rectangular sign, White text – FIRE