

- *How does anti-fatigue matting work?*
  - *What are the results?*
  - *How do I choose the right type?*

# *Why anti-fatigue matting?*

# How does it work?

Anti-fatigue matting works by making the body naturally and **imperceptibly sway**, which encourages **subtle movement** by **calf and leg muscles**, throughout the whole working day. This stimulates **energy levels**, helps **oxygen reach the heart** and promotes **blood flow** which keeps the blood from stagnating in the veins and blood pooling in the legs, which causes workers to feel **fatigue**.

*...But what happens when you don't use matting?...*

<i>50mins</i>	<i>x3</i>	<i>5.6 hours</i>	<i>57%</i>	<i>£800k</i>
<i>Time for concentration to decrease without anti-fatigue floor matting</i>	<i>Fatigued workers 3 times more likely to have a car accident</i>	<i>Fatigued workers lose 5.6 hours of productive time per week</i>	<i>57% of employers report absenteeism due to fatigue</i>	<i>How much a typical employer with 1,000 employees will lose each year due to fatigue</i>



# *What happens when anti-fatigue matting is used?*



## **Increased productivity**

*Schneider Electric found productivity increased by 2% after having Strata anti-fatigue matting was installed. If this was the only benefit, this would pay off for the initial investment quickly! What would a 2% increase look like for you?*



## **Less accidents**

*Lower limb disorder sicknesses on average total 25 days off per incident. With anti-slip properties, matting can help to make the floor safer, especially when wet. Task specific matting can ensure safety even with a changing workforce.*



## **Increase in sales**

*Tendering for work now is not all about price. If your worker conditions are safe and comfortable, this can help to win more work as a sustainable supplier.*



## **Increased worker morale**

*Employees want to work in an environment that is safe and comfortable.*

*If workers don't feel fatigued after a days work, worker morale will increase. Not only will their fatigue be reduced but also they feel cared for and wanted.*



## **Reduced absenteeism**

*According to the Office for National Statistics (ONS), an average of 131 million days are lost to sickness absence every year. 24% of these are due to back, leg or foot pain – the biggest cause of staff absences even over coughs, colds, stress, anxiety and depression*

*Find out more by watching our video on the next slide...*



## **Your firm is protected too**

*Under the Management of Health and Safety at Work Regulations 1999 employers should undertake assessments of potential risks to the health and safety of their staff. If your team would benefit from the right type of anti-fatigue matting, you are doing your bit without just "ticking boxes".*

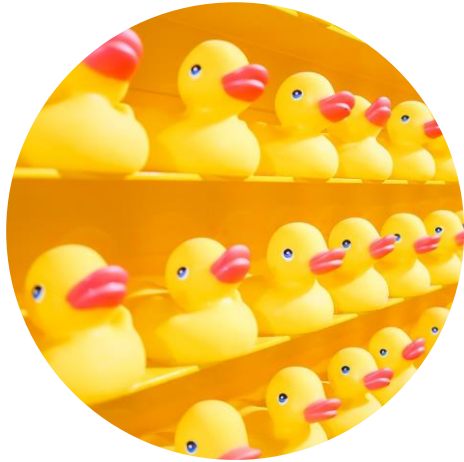




## *After installing anti-fatigue matting... What companies have said....*

- **JCDecaux** - Workers are a lot happier and morale has improved across the depots
- **Schneider Electric** - Increased productivity by 2%
- **Gestamp UK Ltd** - Workers were happy to see they had been listened to and an investment was made
- **Siemens Plc** - Better grip, no slips and looks good
- **Pilkington Automotive** - Reduction of absenteeism across their site by 1%

Visit <https://www.stratasales.com/page/case-study-video/81/> to view the full video testimonial



# *How do I choose the right type?*

Consider these points -



Do workers move around or stay in one position mainly?



Are there fluids in the area? If so, are there oils which can destroy certain types of matting.



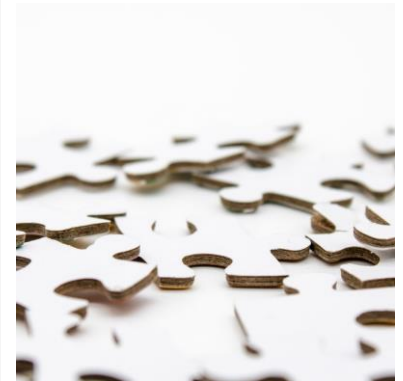
Are there issues with static which could harm people and components?



Does welding take place in the area?



Do you want a solution that lasts or prefer something cheaper that is to be replaced?



What shape is the area? Do I need rolls, individual mats or connecting tiles?

**STRATA**

Stand Safe  
Work Comfortably



# *Which matting do I need.....*

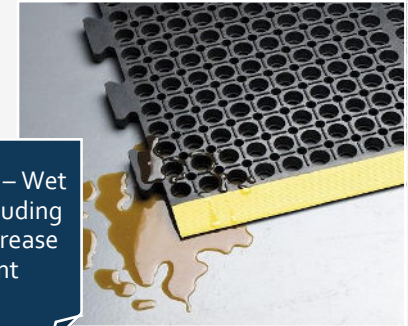
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Bericote Park | Bericote Road | Leamington Spa | Warwickshire | CV32 6QP | UK

Bubble Mat - Dry areas where people stand in one place



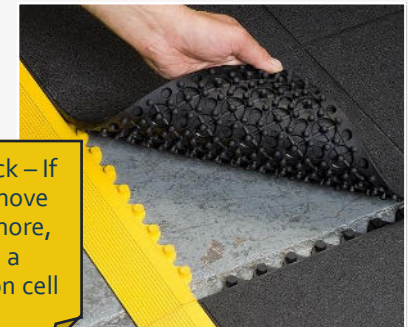
Dura-Link – Wet areas, including oils and grease present



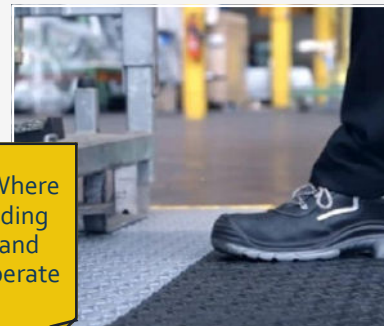
Suresoft – Longer areas – shorter term, budget solution



Work Deck – If people move around more, e.g. in a production cell



Endura – Where both standing workers and forklifts operate



Supertread – Longer areas – mid range wear and anti-fatigue needs

