DRABC: INITIAL ASSESSMENT

If you come across a casualty, you'll need to conduct a 'primary survey' to assess the situation and possibly save a life. DRABC stands for Danger, Response, Airway, Breathing and Circulation.

Details of what to look for and how to react are below:





DANGER

Are you or the casualty in any danger? If you have not already done so, make the situation safe and then assess the casualty.





RESPONSE

If the casualty appears unconscious check this by shouting 'Can you hear me?', 'Open your eyes' and gently shaking their shoulders.

If there is no response, shout for help then follow the ABC Procedure below:





AIRWAY

Open the airway by placing one hand on the casualty's forehead and gently tilting the head back. Check the mouth for obstructions and then lift the chin using 2 fingers only.





BREATHING

Spend 10 seconds checking to see if the casualty is breathing:

Look to see if the chest is rising and falling.

Listen for breathing.

Feel for breath against your cheek.





CIRCULATION

Spend 10 seconds checking to see if the casualty is breathing:

Look to see if the chest is rising and falling.

Listen for breathing.

Feel for breath against your cheek.

